

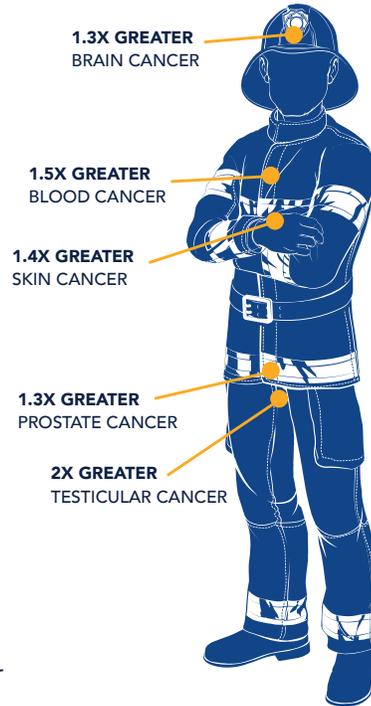
DetecTogether

Helping Firefighters Beat Cancer



Firefighter Risk

Occupational cancer is a critical issue facing the nation's firefighters. Exposure to toxic chemicals in smoke, soot and fumes puts firefighters at risk for many cancers. Members of the fire service have a **9% higher risk** of developing cancer and a **14% greater risk** of dying from cancer than the general public.



SOURCE: LeMasters, GK et al. J Occup Environ Med. 2006 Nov; 48 (11): 1189-202.

Early Detection

3 Steps Detect can help firefighters survive cancer by teaching them to notice cancer symptoms in their early stages and when and how to access healthcare. Like a fire, cancer is most treatable before it has spread.

IMPACT

Ryan Kelley, 35, learned 3 Steps Detect and realized he should get a scab that wouldn't heal checked by a doctor. Now, he knows the importance of early cancer detection and is a vocal advocate of our education.



SCAN TO READ RYAN'S STORY

Roadmap to Early Detection

3 Steps Detect is a simple, easy to follow, life-saving plan to help detect cancer early when it's most treatable.

- STEP 1** Know Your Great
- STEP 2** Use the 2-Week Rule
- STEP 3** Share with Your Doctor

Program Delivery

3 Steps Detect is a **FREE** 30-minute training that can be brought to firehouses.

Interactive delivery options:

- Live in-person training:** Multiple sessions can be scheduled to reach an entire department
- Live webinars:** Virtual instructor-led training allows participation from anywhere via various platforms, including Zoom.

(eligible for continuing education units)



NEW

ONLINE LEARNING

HELPING FIREFIGHTERS BEAT CANCER

A **FREE** interactive, self-paced learning platform offering access to our core curriculum, 3 Steps Detect, and 10 related mini courses. Dynamic, easy to use, and accessible anywhere from your computer and mobile devices.

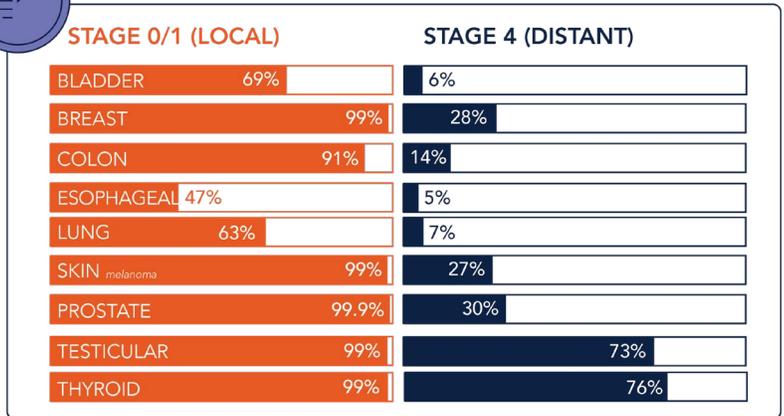


firefighter.detecetogether.org

Time Is Critical

Prevention methods improve your chances of staying healthy. As the staging chart on the left indicates, early detection improves your chances of survival.

DetecTogether teaches you **HOW** to seize the power of early detection with 3 Steps Detect.



Source: American Cancer Society 5-year SEER data (based on people diagnosed between 2010-2016)

What the Fire Service Is Saying

Developed with guidance from physicians, researchers, and respected leaders in the fire services, the **3 Steps Detect program has been called the important "missing piece"** in a comprehensive cancer program to reduce cancer death in the fire service.



"Knowing when to seek medical attention and how to work with our doctors is something we need to learn."

FRANK LEEB
FDNY Deputy Assistant Chief
Chief of the Fire Academy



"DetecTogether's program educates firefighters to take control of their own health, watch for signs of cancer, and take steps to get diagnosed and treated early."

SARA JAHNKE, Ph.D.
Sr. Principal Investigator
Director NDRI



"These guys hold your attention because they spent the time getting us. This training is important and firefighter proof."

JOANIE CULLINAN
Firefighter
Wellesley Fire Department



"One of the most important presentations that a firefighter will hear."

MARK ROCHE
Captain
Newton Fire Department

Bring Training to Your Firehouse

Contact Kate McCarthy, First Responder Education Program Manager
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LEARN MORE: BIT.DETECTOGETHER.ORG/FIRE-TRAINING

DetecTogether

SAVING LIVES THROUGH
EARLY CANCER DETECTION