

NATIONAL HOTLINES

COPLINE

800-267-5463; 24/7

FIRE/EMS HELPLINE

888-731-FIRE (3473); 24/7

IAFF HOTLINE

Firefighters Only

844-525-FIRE (3473); 24/7

FRONTLINE HELPLINE

866-676-7500; 24/7

POISON CONTROL

800-222-1222; 24/7

VETERANS CRISIS LINE

Dial 988 then press 1, chat online,
or text 838255; 24/7

ALCOHOL / DRUG HOTLINES

SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION

800-662-HELP (4357); 24/7

IAFF ALCOHOL HOTLINE

Firefighters Only

855-900-8437; 24/7

IAFF SUBSTANCE ABUSE HOTLINE

Firefighters Only

866-965-3074; 24/7

PTSD / MENTAL HEALTH HOTLINES

988 SUICIDE & CRISIS LIFELINE

Call or Text 988; 24/7

CRISIS TEXT LINE

Text HOME or 741741; 24/7

NATIONAL ALLIANCE ON MENTAL ILLNESS

800-950-NAMI (6264)

PTSD FOUNDATION OF AMERICA

877-717-PTSD (7873)

SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION

800-662-HELP (4357); 24/7

IAFF PTSD & MENTAL HEALTH HOTLINE

Firefighters Only
866-965-3074; 24/7