

CARDIAC ONE RISK EVALUATION (CORE) PROGRAM



With the purpose of aiding in management of the health of Colorado firefighters, the CORE program is designed as an affordable and mobile program intended for easy, yet accurate **cardiovascular risk screening**. We are able to complete screening on location anywhere in Colorado. This program meets the requirements for the Colorado Firefighter Heart and Cancer Benefits Trust.

Services Provided

- Cost is \$115 per member
- This cost is reimbursable through the Colorado Firefighter Heart Trust for eligible members
- CORE screenings are QUICK and EASY!! (15-20 minutes each)

- Resting 12-lead electrocardiogram (ECG)
- Resting blood pressure
- Fasting lipid panel (cholesterol screening)
- Fasting blood glucose
- Body Mass Index (BMI)
- Body comp. measurements
- Waist circumference
- Review of history
- Review of smoking status
- Lifestyle counseling

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New this year!! The CORE program will be attending the Colorado State Fire Chiefs conference to conduct screenings on October 18-20, 2023
Contact Brady Andersen
brady.andersen@colostate.edu to sign up!



Please find more information
about our programs and the Heart and Cancer
Benefits Trust here:
chhs.colostate.edu/hes-first-responder-programs
www.cfhtrust.com