

# CARDIAC ONE RISK EVALUATION (CORE) PROGRAM



With the purpose of aiding in management of the health of Colorado firefighters, the CORE program is designed as an affordable and mobile program intended for easy, yet accurate **cardiovascular risk screening**. We are able to complete screening on location anywhere in Colorado. This program meets the requirements for the Colorado Firefighter Heart and Cancer Benefits Trust.

## Services Provided

- Cost is \$115 per member (Reimbursable through the Colorado Firefighter Heart Trust for eligible members)
- Minimum of 10 people are required for testing to make a trip to your site
- Travel expenses such as vehicle mileage, lodging and per diem charged at the state rate

- Resting 12-lead electrocardiogram (ECG)
- Resting blood pressure
- Fasting lipid panel (cholesterol screening)
- Fasting blood glucose
- Body Mass Index (BMI)
- Body comp. measurements
- Waist circumference
- Review of history
- Review of smoking status
- Lifestyle counseling

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Now scheduling for 2023. Contact us to  
guarantee a spot!



Please find more information  
about our programs and the Heart and Cancer  
Benefits Trust here:  
[chhs.colostate.edu/hes-first-responder-programs](http://chhs.colostate.edu/hes-first-responder-programs)  
[www.cfhttrust.com](http://www.cfhttrust.com)